

FSC 2026: Session: 5: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decaesstecker Elise

Coaches: Guldentops Kevin

Coaches: Hanssens Yash

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 25: 100M BACKSTROKE WOMEN **Heat:5, starttime: 09:57**

Heat: 5/8 Lane : 5 Athlete: VERLUYTEN LENI **Q-time: 01:07:58**

PB (50m pool): 01:07.58 La Louvière 25/05/2025 **PB (25m pool): 01:06.11 SB: 01:08.88 Antwerpen 08/03/2026**

	50 M	100 M	
PB	00:32.77	01:07.58	
	00:32.77	00:34.81	
	

Coach feedback:

Event number: 25: 100M BACKSTROKE WOMEN **Heat:7, starttime: 10:01**

Heat: 7/8 Lane : 7 Athlete: MICHIELS NORE **Q-time: 01:06:32**

PB (50m pool): 01:06.32 Antwerpen 27/07/2025 **PB (25m pool): 01:03.93 SB: 01:08.60 Luxembourg 01/02/2026**

	50 M	100 M	
PB	00:31.87	01:06.32	
	00:31.87	00:34.45	
	

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN **Heat:4, starttime: 10:15**

Heat: 4/6 Lane : 8 Athlete: SCIACCA LEANDRO **Q-time: 02:32:69**

PB (50m pool): 02:32.69 Luxembourg 01/02/2026 **PB (25m pool): 02:28.07 SB: 02:32.69 Luxembourg 01/02/2026**

	50 M	100 M	150 M	200 M	
PB	00:33.34	01:13.24	01:52.93	02:32.69	
	00:33.34	00:39.90	00:39.69	00:39.76	
	

Coach feedback:

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Event number: 27: 200M BUTTERFLY WOMEN				Heat:2, starttime: 10:28	
Heat: 2/2 Lane : 5 Athlete: DE BONT SAM				Q-time: 02:23:63	
PB (50m pool): 02:23.63 Antwerp 09/02/2025			PB (25m pool): 02:18.70 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.44	01:07.58	01:45.15	02:23.63	
	<i>00:31.44</i>	<i>00:36.14</i>	<i>00:37.57</i>	<i>00:38.48</i>	
	

Coach feedback:

Event number: 27: 200M BUTTERFLY WOMEN				Heat:2, starttime: 10:28	
Heat: 2/2 Lane : 7 Athlete: GAUDAEN MAUD				Q-time: 02:36:33	
PB (50m pool): 02:36.33 Antwerpen 20/07/2025			PB (25m pool): 02:31.39 SB: 02:41.79 Luxembourg 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.89	01:12.98	01:53.76	02:36.33	
	<i>00:33.89</i>	<i>00:39.09</i>	<i>00:40.78</i>	<i>00:42.57</i>	
	

Coach feedback:

Event number: 28: 50M BUTTERFLY MEN		Heat:4, starttime: 10:35	
Heat: 4/10 Lane : 8 Athlete: BOODTS GERBEN		Q-time: 00:27:34	
PB (50m pool): 00:27.34 Antwerpen 20/04/2025		PB (25m pool): 00:27.34 SB: 00:27.75 Wezenberg 03/01/2026	
	5 0 M		
PB	00:27.34		
	<i>00:27.34</i>		
		

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN		Heat:3, starttime: 11:00	
Heat: 3/7 Lane : 4 Athlete: MICHIELS SIBE		Q-time: 01:03:89	
PB (50m pool): 01:01.53 Antwerpen 08/03/2026		PB (25m pool): 01:00.40 SB: 01:01.53 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	
PB	00:30.01	01:01.53	
	<i>00:30.01</i>	<i>00:31.52</i>	
	

Coach feedback:

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Event number: 30: 100M BACKSTROKE MEN		Heat:3, starttime: 11:00
Heat: 3/7 Lane : 8 Athlete: BOODTS GERBEN		Q-time: 01:04:56
PB (50m pool): 01:04.23 Antwerpen 28/07/2024		PB (25m pool): 01:01.54 SB: 01:06.50 Wezenberg 03/01/2026
	5 0 M	1 0 0 M
PB	no time	01:04.23
	<i>no time</i>	

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN		Heat:4, starttime: 11:02
Heat: 4/7 Lane : 6 Athlete: WAELPUT THOMAS		Q-time: 01:03:49
PB (50m pool): 01:03.49 Wezenberg 03/01/2026		PB (25m pool): 00:59.67 SB: 01:03.49 Wezenberg 03/01/2026
	5 0 M	1 0 0 M
PB	00:30.80	01:03.49
	<i>00:30.80</i>	<i>00:32.69</i>

Coach feedback:

Event number: 31: 50M FREESTYLE WOMEN		Heat:6, starttime: 11:15
Heat: 6/7 Lane : 5 Athlete: MICHIELS NORE		Q-time: 00:26:29
PB (50m pool): 00:26.29 Antwerpen 27/07/2025		PB (25m pool): 00:25.78 SB: 00:26.72 Luxembourg 01/02/2026
	5 0 M	
PB	00:26.29	
	<i>00:26.29</i>	
	

Coach feedback: